

# Echoes

of the QLSCD

## Some results of your involvement

### Is your child motivated in school?

What are the motivation levels of pupils in reading, writing and mathematics at the beginning of elementary school? Frédéric Guay and Denis Talbot answer this and many other questions in the brand-new fascicle entitled *Motivation in the First and Second Grades of Elementary School: An Analysis Based on Gender and Socioeconomic Status*. We learn that in the first and second grades, pupils derive more pleasure from reading and writing than from mathematics. Also boys are more motivated than girls in mathematics, while girls are more interested in reading and writing than boys.

### Having a good sleep is important!

The September harvest was bountiful – another fascicle was published, this one entitled *Sleep: An Unknown Actor in Child Development*. Dominique Petit, Jean Paquet, Évelyne Touchette and Jacques Y. Montplaisir describe the sleep profiles of children and the impact sleep problems have on their development in early elementary school. We learn, for example, that at 8 years of age, nearly 25% of children sleep fewer than the number of recommended hours a night, which is 10. The research in this fascicle is extremely useful in advancing our knowledge of sleep in children. Again, this research saw the light of day because of the data you and your child and all participating parents and children have been providing us with over the years.

If you would like to learn more and in particular see how the QLSCD's potential is being fulfilled, access our website at [www.iamillbe.stat.gouv.qc.ca](http://www.iamillbe.stat.gouv.qc.ca). The publications mentioned in this newsletter are available free of charge, under the menu item "Publications – Government."

### Another email and web address for "I am, I'll be" in English!

It is now possible to reach the QLSCD team at another email address. In addition to our current email address, our anglophone families can now also contact us at [Iam\\_Illbe@stat.gouv.qc.ca](mailto:Iam_Illbe@stat.gouv.qc.ca). It is also now possible to access our website at the following alternative internet address: <http://www.iamillbe.stat.gouv.qc.ca>. Since many researchers around the world regularly access our publications and keep up-to-date with the progress of the survey over the years, these alternative addresses make it even easier to study and monitor child development in Québec.

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### A word from the coordinator

The visits of the 2010 round of the "I am, I'll be" survey have now ended. Thanks to you, everything went very well. We sincerely appreciate your participation. In all, we met with more than 1,672 families like yours between February 20 and May 31, 2010. A higher number of families participated in this round compared to the last one. Once again, we would like to emphasize that the vast amount of data we have collected from you and your child over the years are of inestimable value for current and future generations. This is why we would again like to acknowledge your participation and express our deepest gratitude!

In addition, we are very pleased to announce a new round of data collection for 2011. To be able to monitor the progress of your adolescents will provide value-added information to the wealth of data we have already collected.

We look forward to seeing you again in 2011!

Josette Thibault,  
Interim Coordinator of the QLSCD

