

/// The 15th round of data collection is over!

The latest round of the *I am, I'll be* study took place in the winter of 2017, and 1,623 young participants completed the online questionnaire. That number is among the highest in the past few years! We are very fortunate to be able to count on your teenager's diligent participation. We believe that this year's success is also due in part to the renewed questionnaire content, the first-time use of text message reminders, and the increased financial compensation offered.

/// New special collection round

Sylvana Côté, a doctor of psychology and researcher who has been working with the *I am, I'll be* team for several years, is conducting a project aimed at identifying the factors in childhood that are associated with young adults' mental health and lifestyle habits. That special collection round will begin in February, with a 30-minute questionnaire to be completed online by your teenager. Like last time, there will be no parent's questionnaire.

/// Upcoming publications

Thanks to the information provided by the participating families over the past 20 years, two new publications will be released next year:

- A publication on the leisure physical activity levels of the young study participants at age 15 will focus on certain factors associated with the various leisure physical activity levels among teenagers, on gender differences, and on changes in activity levels between the ages of 12 and 15.
- A second publication will be about the family transitions experienced by the young study participants from birth to the age of 17, as well as the changes in child-father contacts after a parental separation.

/// A new study in the works for 2020

Given the need to measure the new realities that will be experienced in the future by Québec children and their families, a new longitudinal study, similar to *I am, I'll be*, is under development. Researchers from several fields and various ministries and organizations are working together on the development of this second study. It is largely thanks to your participation that *I am, I'll be* has been so successful over the past 20 years and can serve as a model for this new major project.

