



A look back at the spring 2017 data collection

In all, 1,623 of you completed an online questionnaire—**THANK YOU!**

Here is some information we put together based on the answers of those who participated in the 2017 round:

- Moving out of the family home
 - A little over 10% of you have already left your family home for good.
 - More than half (53%) of you would like to leave home within six months to four years.
 - Nearly 11% would like to leave home within six years or more while the others (25%) don't know when it will happen.
- Overall, 75% of you have an idea of the field in which you would like to work.
- Nearly 72% of you have had at least one paid job or have been self-employed.
- Two thirds of you intend to have a child.
- About 16% of you spend, on average, less than one hour a day on social media, while 64% spend an average of 1 hour to 4 hours and 59 minutes a day on social media.



The QLSCD is making headlines

An article published in *La Presse* on September 9 quoted a publication based on data from *I am, I'll be*. The article was about the importance of good student-teacher relationships for student retention and academic achievement. It referred to the publication *Positive Teacher-Student Relationships: Associations with Child Characteristics and Academic Achievement in Elementary School*. This is a good example of the advancement of knowledge that is made possible thanks to the information collected from you, your parents and your teachers!



By the way...

If your contact information changes, let us know by filling out the online form on the study's website.



New special collection round

Sylvana Côté, a doctor of psychology and researcher who has been working with the *I am, I'll be* team for several years, wishes to conduct research aimed at identifying the factors in childhood that are associated with young adults' mental health and lifestyle habits. This special collection round will begin in February. At that time, we will send you a link to the 30-minute online questionnaire. Once you have completed it, you will receive \$25, plus you will get a chance to win a tablet!

A word from the coordinator

Hello!

In this newsletter, you will learn that a special round on mental health is in the works for next winter. That data collection round will cover some very interesting topics related to young adults' well-being and lifestyle habits. Although some of the questions may seem redundant, this is deliberate. Early adulthood is a period of change, and it is important to collect data on psychological well-being just before the age of 20. What's more, new sections have been added to the questionnaire on the values you believe in, your opinions, and your involvement in certain aspects of social life.

I want to say a very big thank you in advance for your important contribution to the advancement of knowledge on young adults' well-being. Until then, the entire team joins me in wishing you happy holidays and all the best for 2018!

Nancy Illick
Coordinator of the *I am, I'll be* survey

