



## Special collection round “From Birth to Age 20” coming to an end

If you have already filled out your questionnaire, the whole team thanks you! The information you have provided will allow us to better understand what can cause or prevent certain difficulties and will help improve health care and support services for young people.

You should have received (or will soon receive) your \$25 cheque to thank you for your participation. We will contact you in the beginning of June if you win one of the 30 electronic tablets that will be drawn. Good luck!



## Extension

If you haven't yet filled out your questionnaire, we encourage you to do so. It will be available until May 22 on the homepage of the study website. Completing your questionnaire should take about 30 minutes. You will then receive your financial compensation and be eligible to win one of 30 electronic tablets. If you need the instructions, email us at [iam\\_illbe@stat.gouv.qc.ca](mailto:iam_illbe@stat.gouv.qc.ca) or call us at 1-800-561-0213. Thanks in advance and good luck!



## I am, I'll be... useful!

In the “Comments” section at the end of the questionnaire, some of you expressed your interest in finding out more about the impacts of *I am, I'll be*. For nearly 20 years, the study has contributed to the development of a number of programs and policies in various areas such as breastfeeding, childcare services, healthy lifestyle habits, poverty and exclusion, academic success, as well as the control of tobacco and other addictions. Given the wide range of topics addressed and the high quality of its data, the study is a true goldmine of information! [Highlights](#) from the study are already available in a brochure on our website (in French only). In addition, to allow you to learn even more about the study's benefits, we will send you, by next year, a new brochure featuring additional knowledge gained thanks to you.



## Did you know that...

- On average, there are over 55,000 visitors per year to the website of the study?
- The most downloaded publications deal with the impact of parental breakup and with dropping out of high school?



## An affiliated researcher meets the Dalai Lama!

Last March, Michel Boivin, psychology researcher and long-time contributor to *I am, I'll be*, was invited to present the study to the Dalai Lama, the religious and spiritual leader of Tibetan Buddhists. More than 300 people from all around the world gathered in Dharamsala, India, to attend the five-day Mind & Life Conference. Dr. Boivin spoke about child development and presented some of the findings of the study.



## Moving soon?

If so, let us know by filling out the [online form](#) on the homepage of the study website.

All newsletters are available on the website of the study.