

Québec Longitudinal Study of Child Development
QLSCD (E9) – 2006 Round

**Consent Form for Participating in the Québec en forme Part of the QLSCD
and Authorizing Physical Condition and Psychomotor Tests to Be
Conducted With My Child**

I hereby authorize *Direction Santé Québec* (DSQ) of the *Institut de la statistique du Québec* (ISQ):

1. To permit an interviewer trained by BIP (*Bureau d'interviewers professionnels*), the DSQ and *Québec en forme* (QEF) to conduct activities with my child at his/her school, the goal being to collect data on my child's physical condition and psychomotor development. The duration of the tests will be approximately 45 minutes, and some will require using a large space such as a gym or other large room. The tests with the children are easy and should not cause any discomfort. They comprise tests of agility and coordination such as running, jumping, throwing and catching a ball. My child's adiposity (percentage of body fat) will also be estimated by means of three skinfold thickness measurements conducted on the triceps, calf and abdomen. I understand that the adiposity test will be conducted in the presence of a school official. Other tests will involve long jump and number of sit-ups my child can do in 30 seconds.
2. To send data collected on my child in an anonymous form (i.e., not revealing his/her name, address and phone number) to organizations (universities, ministries, etc.) who are partners in this study, the list of which appears on the reverse side of this form. I understand that I can obtain a list of the researchers who work in or are affiliated with these organizations upon request, and that they will have signed a confidentiality agreement before data on my child are sent to them.

I understand that this form is part of the "I Am, I'll Be" and "Québec en forme" studies. I have been advised that the purpose of the "Québec en forme" study is to collect information that will help gain a better understanding of the physical condition of Québec children.

I understand that to confirm my participation in future rounds of the "Québec en forme" study, *Direction Santé Québec* of the *ISQ* will contact me in the coming years.

I, the undersigned, freely consent to take part in this study. I certify that I was given enough time to come to this decision on my own.

I, the undersigned, further understand that I am free to withdraw my consent to participate at any time without penalty to me in any way.

If you accept to participate, please check the box below:

Yes, I accept that the "Québec en forme" interview and tests be conducted with my child...

Signature of the Respondent (in ink)

Date

First Name of Child

Las Name of Child

Thank you for returning this consent form and the "I Am, I'll Be" consent form to us no later than November 30, 2005

The following educational institutions and organizations have researchers who are using the data from the survey:

- Université Laval
 - Université de Montréal
 - Concordia University
 - Université du Québec à Montréal
 - Université du Québec à Chicoutimi
 - Université du Québec à Trois-Rivières
 - Université de Sherbrooke
 - University of Ottawa
 - McGill University
 - University of British Columbia
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- Ministère de la Santé et des Services sociaux and its affiliated organizations
 - Ministère de la Famille, des Aînés et de la Condition féminine
 - Ministère de l'Éducation, du Loisir et du Sport
-
- Lucie and André Chagnon Foundation
-
- Québec en Forme