

# Information Sheet and Consent Form

## Québec Longitudinal Study of Child Development 2023 Special Round – Becoming an Adult, Becoming a Parent

### About the research project – 2023 special round

A special data collection round for *I am, I'll be* entitled *Becoming an Adult, Becoming a Parent* will be carried out this winter among all study respondents. This special round, funded by the Social Sciences and Humanities Research Council and the Canadian Institutes of Health Research, is conducted by a researcher from the Université Laval's School of Psychology, Amélie Petitclerc, Ph. D., member of the Groupe de recherche sur l'inadaptation psychosociale chez l'enfant (GRIP), a group that has been working on the study with Statistique Québec for several years.

Eight co-researchers are collaborating on this study. You will find the full list at the end of this form.

### Invitation to take part in this research project

The *2023 Special Round – Becoming an Adult, Becoming a Parent* aims to collect information on readiness for and adjustment to parenthood (where applicable) among young adults. This information will be compared with the data collected in previous rounds in order to better understand the individual, social and environmental factors associated with different levels of readiness for parenthood among young adults of childbearing age in Québec, and with adjustment to parenthood among those who are already parents.

### How the project will unfold

If you agree to participate in this round of the study, we will ask you to answer an **online questionnaire** that will take about **15 minutes** to complete.

### Advantages and benefits

You will not receive any particular benefits from participating in this round, apart from knowing that you have contributed to improving knowledge on the development of young adults.

### Disadvantages and risks

Participating in this round **does not carry any direct risks**. The questionnaire is very similar to the ones you answered in previous rounds of this study. The only disadvantages are the time spent completing the questionnaire and a possible feeling of discomfort towards certain questions. If a question makes you uncomfortable, you don't have to answer it. If you feel tired, you can log out of your session and return to it later.

### Data confidentiality

As with previous rounds, your answers to the questions will be kept confidential, in keeping with Statistique Québec's confidentiality standards.

Your online questionnaire will be hosted on a secure Statistique Québec server and will be protected by a password that only you know.

To ensure data confidentiality, you must be alone when completing your questionnaire and do so in a quiet location where no one will disturb you.

### Dissemination of the results

This results from this round of the study could be the subject of scientific publications or be communicated in scientific conferences, but no personal identifying information will be released.

### Data bank

The data collected in this round will be placed in a data bank that could be matched with the rest of the data about you collected in the general *Québec Longitudinal Study of Child Development (QLSCD)* project, always in a coded form (meaning without any identifying information).

The data from this special round will be under the responsibility of Statistique Québec, who will provide a copy of the data to Université Laval once the lead researcher has signed the data confidentiality and security commitment form. All researchers, including those from Université Laval, who will be authorized by Statistique Québec to use these data will have to sign a data-sharing contract before the data are made available to them. By signing this contract, the researchers will commit to respecting Statistique Québec's security and confidentiality standards. In all cases, without exception, no personal information (name, address, telephone number, e-mail address, date of birth) will be shared with the researchers.

### **Researcher responsibility**

By agreeing to participate in this round of the study, you do not waive any of your rights set out in the law. You also do not release the researchers from their legal and professional responsibilities in the event of a situation that causes you harm.

### **Compensation**

To thank you for the time you will take to answer our questions, we will send you a \$35 cheque. You will receive it in the weeks following your participation. You will also be eligible to win 1 of 10 prizes valued at \$250 each that will be drawn at random on June 30, 2023, at the latest, in Statistique Québec's offices and in the presence of at least one witness. Winners will be notified by e-mail or telephone.

### **Freedom to choose to participate or not**

Your participation in this round of the study is voluntary. This means that you are entirely free to accept or refuse to participate without any negative impact to yourself if you refuse. You can also withdraw your consent and end your participation at any time without any prejudice to yourself. If you choose to do so, you will not have to explain or justify your decision.

### **Supplementary information and resource persons**

It is important that you fully understand the information in this document before marking your answer, because you must give informed consent. This means that if you still have questions that remain unanswered after reading this form (about the study, how it will unfold, what will be done with your answers, or general questions about the implications of your participation in the project), you must not hesitate to contact us. We will be happy to answer your questions about the study and discuss any points that are important to you. To do so, please contact **Nancy Illick**, Statistique Québec's Director of Longitudinal Studies, at [nancy.illick@stat.gouv.qc.ca](mailto:nancy.illick@stat.gouv.qc.ca), or leave a voicemail message at 514-873-4749, ext. 6126. If you have any criticism or complaints about your participation in this special round, we invite you to contact the Université Laval Ombudsman at [info@ombudsman.ulaval.ca](mailto:info@ombudsman.ulaval.ca) or 418-656-3081. This process will be confidential.

## Consent to participate in the 2023 Special Round – Becoming an Adult, Becoming a Parent

You will find below the *Consent Form* for the 2023 Special Round – Becoming an Adult, Becoming a Parent. You must mark your answer before completing the questionnaire.

1. **I understand that:**

- 1.1 This form relates to the 2023 Special Round – Becoming an Adult, Becoming a Parent, a special round of the *I am, I'll be* study conducted by Statistique Québec whose objective is to collect information that will help to better understand the life experiences of young adults of childbearing age in Québec, and to better understand the individual, social and environmental factors that are associated with different levels of readiness for or adjustment to parenthood among Québec's young adults;
- 1.2 The information I provide will be treated as CONFIDENTIAL, in accordance with the *Act respecting the Institut de la statistique du Québec* (CQLR, chapter I-13.011) and the *Act respecting Access to documents held by public bodies and the Protection of personal information*;
- 1.3 My participation in this study is VOLUNTARY. I can choose not to answer certain questions or not to take part in this round without any prejudice to myself;
- 1.4 I am free to withdraw from the study at any time, without harm or prejudice;
- 1.5 The answers I provide will be matched with the rest of the information about me collected in the general study project and stored in the QLSCD data bank.

2. **I authorize Statistique Québec** to share the answers I will provide about myself in this round, in a de-identified manner (meaning without any name, address, telephone number, e-mail address or date of birth), to the researcher in charge of the project, to the co-researchers and authorized members of their research teams, and to the financial partners and researchers affiliated with the QLSCD study who will have committed to respecting Statistique Québec's data security and confidentiality standards. The list of financial partners and researchers affiliated with the study can be provided to me upon request and is also available on the website of the study.

3. **I hereby certify that I have read and understood this consent form and that I have been given enough time to make my own decision. Consequently, I consent to take part in this round of the study under the terms and conditions set out in this form.**

Please mark your answer:

Yes

No

### List of co-researchers

The co-researchers for this specific round are:

Célia Matte-Gagné, Université Laval  
George M. Tarabulsy, Université Laval  
Gina Muckle, Université Laval  
Isabelle Ouellet-Morin, Université de Montréal  
Michel Boivin, Université Laval  
R. Mara Brendgen, Université du Québec à Montréal  
Sylvana Côté, Université de Montréal  
Frank Vitaro, Université de Montréal

If you have any questions, you can contact us by e-mail ([iam\\_illbe@stat.gouv.qc.ca](mailto:iam_illbe@stat.gouv.qc.ca)).